

ROYAL GREENLAND
ATLANTIC COD, LOIN, MSC
SKINLESS, CHAINPACK, 10 X (3 X 140G), FROZEN

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Atlantic cod has a fresh and mild umami flavour with a slight sweetness to the firm, juicy meat. Thanks to the cod's upbringing in the ice-cold and clean waters around Greenland, the meat is very white and the flavour fully developed. It flakes nicely when cooked and with its high protein and low fat it offers a healthy and nutritious meal.

The loin is cut from the dorsal part of the fillet, which is also the thickest and leanest part. Loins from the Atlantic cod are uniform in size and shape.

INGREDIENTS

Cod loins (**fish**) (Gadus morhua). Water (protective glaze).

CATCHING GEAR

Trawls

CATCHING AREA

Northeast Atlantic (FAO 27)

Species	Gadus morhua
Item number	130979424
Net weight	420 g
Shelflife (days)	720
Storage	Frozen
MSC certificate no.	MSC-C-50920

NUTRITIONAL VALUES PER 100G

Energy	325 kJ / 77 kcal
Fat	0.5 g
- of which saturates	0.3 g
Carbohydrates	0 g
- of which sugars	0 g
Protein	18 g
Salt	0.2 g

ALLERGENS

Fish

MASTER DETAILS

Units per master	10
Sales unit	Yes
Gross weight (kg)	4.9
Net weight (kg)	4.2
Height (mm)	180
Width (mm)	165
Length (mm)	430
EAN no.	5740301169635

UNIT DETAILS

Gross weight (kg)	0.454
Net weight (kg)	0.420
Height (mm)	40
Width (mm)	155
Length (mm)	235
EAN no.	5740301169666

PALLET DETAILS

Masters in EUR 1/1 pallet	60
Masters per layer	12
Layers per pallet	5
Gross weight (kg)	316.6
Net weight (kg)	252
Height (mm)	1050
Width (mm)	800
Length (mm)	1200
EAN no.	5740301169642

LANGUAGES ON LABEL

SE, DK