

ROYAL GREENLAND

HALIBUT, NUGGETS WITH SPINACH SAUCE, CRISPY BATTER

25-40G, PREFRIED, 3X 2KG, FROZEN

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Greenland halibut has a sweet and buttery umami flavour and a soft, pleasant texture. The meat is very white and the flavour fully developed, due to the slow growth in the ice-cold waters of the North Atlantic and Arctic Oceans. Greenland halibut has a high natural content of the healthy omega-3 fatty acids (2.36 g/100 g) and potassium.

The prefried nuggets offer fast and easy cooking with a crisp surface and plenty of moisture to the meat inside. They are ideal for snack time, as an appetizer, side dish or as street food.

INGREDIENTS

Halibut (50%) (fish), batter (35%): **wheat flour (gluten)**, water, rapeseed oil, **wheat starch (gluten)**, **durum wheat (gluten)**, tapica dextrin, rice flour, salt, **mustard powder (mustard)**, **skimmed milk powder (milk)**, raising agent (E450,E500), dextrose, sunflower oil, yeast, black pepper extract; sauce (15%): spinach (6,7%), water, **cream**, waxy modified maize starch, **parmesan (milk)**, salt, garlic paste (garlic, E330)), **butter (milk)**, vegetable bulion (salt, yeast extract, maltodextrin, **flavour (gluten)**, potato starch, sugar, rapeseed oil, rosemary extract), nutmeg, white pepper. Pre-fried in rapeseed oil.

SERVING

The crisp breading and pleasant aromas are well complimented by creamy and acidic flavours such as a sour cream dip.

COOKING INSTRUCTIONS

Prepare from frozen: OVEN: 200° C for 10-15 minutes. DEEP FRYER: 180° C for app. 4 minutes.

CATCHING GEAR

Seines, Hooks and lines, Gillnets and similar nets, Trawls

CATCHING AREA

Northwest Atlantic (FAO 21), Northeast Atlantic (FAO 27)

Species	Reinhardtius hippoglossoides
Item number	161054602
Net weight	2000 g
Shelflife (days)	540
Storage	Frozen

NUTRITIONAL VALUES PER 100G

Energy	1109 kJ / 266 kcal
Fat	16 g
- of which saturates	2 g
Carbohydrates	21 g
- of which sugars	3.6 g
Protein	8 g
Salt	1 g

ALLERGENS

Mustard, Cereals, Fish, Lactose

MASTER DETAILS

Units per master	3
Sales unit	Yes
Gross weight (kg)	6.3
Net weight (kg)	6
Height (mm)	166
Width (mm)	264
Length (mm)	396
EAN no.	5740301204572

UNIT DETAILS

Gross weight (kg)	2.016
Net weight (kg)	2.000
Height (mm)	50
Width (mm)	300
Length (mm)	330

PALLET DETAILS

Masters in EUR 1/1 pallet	90
Masters per layer	9
Layers per pallet	10
Gross weight (kg)	590.9
Net weight (kg)	540
Height (mm)	1805
Width (mm)	800
Length (mm)	1200
EAN no.	5740301204589

LANGUAGES ON LABEL

FR, EN

