

ROYAL GREENLAND
PRETZEL COD BITES, BREADED, MSC

APP. 20G, PRE-FRIED, 3 X 1 KG, FROZEN

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Atlantic cod has a fresh and mild umami flavour with a slight sweetness to the firm, juicy meat. Thanks to the cod's upbringing in the ice-cold and clean waters, the meat is very white and the flavour fully developed. It flakes nicely when cooked and with its high protein and low fat it offers a healthy and nutritious meal.

Pretzel Cod Bites are made from pieces of Atlantic cod, breaded in a crisp and flavourful pretzel breading named after the traditional pretzel. The Pretzel Cod Bites have a rustic and appealing look.

INGREDIENTS

Cod (55%), **wheat** flour, water, rapeseed oil, salt, **wheat** starch, rice flour, **wheat** gluten, potato starch, yeast, rapeseed oil, acidity regulator (E524), maize flour, **wh**ey protein. Pre-fried in rapeseed oil.

SERVING

There are numerous ways to serve; as a yummy fingerfood, a snack, as appetizers or hors d'oeuvre. The small size, mild flavour and crispy breading makes Pretzel Cod Bites popular amongst both kids and adults.

COOKING INSTRUCTIONS

Prepare from frozen: App. 15 minutes at 200° C in a pre-heated oven

CATCHING GEAR

Trawls

CATCHING AREA

Northeast Atlantic (FAO 27), Northwest Pacific (FAO 61), Northeast Pacific (FAO 67)

Species

Gadus morhua, Gadus macrocephalus

Item number **156058020**

Net weight **1000 g**

Shelflife (days) **540**

Storage **Frozen**

MSC certificate no. **MSC-C-50920**

NUTRITIONAL VALUES PER 100G

Energy	840 kJ / 200 kcal
Fat	7.9 g
- of which saturates	0.6 g
Carbohydrates	21 g
- of which sugars	3.9 g
Protein	12 g
Salt	1.8 g

ALLERGENS

Cereals, Fish, Lactose

MASTER DETAILS

Units per master	3
Sales unit	Yes
Gross weight (kg)	3.2
Net weight (kg)	3
Height (mm)	146
Width (mm)	238
Length (mm)	300
EAN no.	5740301201830

UNIT DETAILS

Height (mm)	50
Width (mm)	290
Length (mm)	300
EAN no.	5740301202097

PALLET DETAILS

Masters in EUR 1/1 pallet	143
Masters per layer	13
Layers per pallet	11
Gross weight (kg)	491
Net weight (kg)	429
Height (mm)	1755
Width (mm)	800
Length (mm)	1200
EAN no.	5740301201847

LANGUAGES ON LABEL

DE, SE, DK, FI, EN, FR