

ROYAL GREENLAND  
HAKE PORTIONS, BATTERED, MSC  
APP. 120G, 54% FISH, PRE-FRIED, 5 KG, FROZEN

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Hake is caught in the North Atlantic and North Pacific oceans. It has a mild and slightly sweet flavour with a delicate texture. The taste of hake is often compared to cod or haddock, as they belong to the same family of fish. When cooked, hake has a firm and flaky texture that is moist and tender. The flesh is white and has a clean, mild taste.

The battered hake has a crisp and crunchy surface that locks in the moisture and flavours from the meat. The rich and savoury flavours from the batter compliment the natural and mild flavours of the hake very well. The product is ovenable straight from the freezer.

## INGREDIENTS

Hake (**fish**) (54%) (cut from blocks), **wheat** flour, water, rapeseed oil, **wheat** starch, rice flour, maize flour, salt, fava bean flour, raising agent: diphosphates, sodium carbonates, **wheat** gluten, flavouring, dextrose, maltodextrin, carrot powder, raising agent: ammonium carbonate, garlic powder, onion powder, yeast extract, black pepper extract. Pre-fried in rapeseed oil.

## COOKING INSTRUCTIONS

Prepare from frozen. Oven: App 20 minutes at 220°C in a pre-heated oven.

## CATCHING GEAR

Trawls

## CATCHING AREA

Northeast Pacific (FAO 67)

<b>Species</b>	<b>Merluccius productus</b>
<b>Item number</b>	<b>154054121</b>
<b>Net weight</b>	<b>5000 g</b>
<b>Shelflife (days)</b>	<b>540</b>
<b>Storage</b>	<b>Frozen</b>
<b>MSC certificate no.</b>	<b>MSC-C-50920</b>

## NUTRITIONAL VALUES PER 100G

Energy	818 kJ / 196 kcal
Fat	11 g
- of which saturates	1.1 g
Carbohydrates	12 g
- of which sugars	1.5 g
Protein	11 g
Salt	1.08 g

## ALLERGENS

Cereals, Fish

## MASTER DETAILS

Sales unit	Yes
Gross weight (kg)	5.3
Net weight (kg)	5
Height (mm)	137
Width (mm)	299
Length (mm)	398
EAN no.	5740301203742

## PALLET DETAILS

Masters in EUR 1/1 pallet	56
Masters per layer	8
Layers per pallet	7
Gross weight (kg)	328
Net weight (kg)	280
Height (mm)	1107
Width (mm)	800
Length (mm)	1200
EAN no.	5740301203759

## LANGUAGES ON LABEL

Romanian, HU, Slovenia, Serbian, SE, DE, FI, PL, DK, EN