

ROYAL GREENLAND
AP NUGGETS, UMAMI BREADING, MSC
 APP. 26 G, 65% FISH, PRE-FRIED, 3 X 1KG, FROZEN

Royal Greenland A/S
 Hellebarden 7,
 9230 Svenstrup, Denmark
 Tel. +45 98154400
www.royalgreenland.com



Alaska Pollock has very white and firm meat with a mild taste. It is ideally suited for breading and battering. The Alaska Pollock is high in protein, low in fat and has a naturally high content of healthy omega-3 fatty acids.

Nuggets made with Alaska Pollock offer fast and easy cooking with a crisp surface and plenty of moisture to the meat inside. They are ideal for snack time, as an appetizer, side dish or as street food.

INGREDIENTS

Alaska Pollock portions (**fish**) (*Theragra chalcogramma*) (65%), breading (35%): **Wheat** flour, water, rapeseed oil, potato starch, salt, dextrose, yeast, natural flavouring. Product pre-fried in rapeseed oil. A few bones may remain.

SERVING

The crisp breading and pleasant aromas of the Alaska Pollock is well complimented by creamy and acidic flavours such as a sour cream dip.

COOKING INSTRUCTIONS

Prepare from frozen. Oven: Cook in pre-heated oven 14-16 minutes at 180°C.

CATCHING GEAR

Trawls

CATCHING AREA

Northwest Pacific (FAO 61), Northeast Pacific (FAO 67)

Species	Theragra chalcogramma
Item number	154054107
Net weight	1000 g
Shelflife (days)	540
Storage	Frozen
MSC certificate no.	MSC-C-50920

NUTRITIONAL VALUES PER 100G

Energy	760 kJ / 181 kcal
Fat	7.7 g
- of which saturates	0.6 g
Carbohydrates	15 g
- of which sugars	1.9 g
Protein	13 g
Salt	0.87 g

ALLERGENS

Cereals, Fish

MASTER DETAILS

Units per master	3
Sales unit	Yes
Gross weight (kg)	3.2
Net weight (kg)	3
Height (mm)	146
Width (mm)	238
Length (mm)	300
EAN no.	5740301188742

UNIT DETAILS

Gross weight (kg)	1.019
Net weight (kg)	1.000
Height (mm)	50
Width (mm)	245
Length (mm)	315
EAN no.	5740301188735

PALLET DETAILS

Masters in EUR 1/1 pallet	91
Masters per layer	13
Layers per pallet	7
Gross weight (kg)	321.9
Net weight (kg)	273
Height (mm)	1172
Width (mm)	800
Length (mm)	1200
EAN no.	5740301188759

LANGUAGES ON LABEL

FI, SE, DK