

ROYAL GREENLAND

## AP NUGGETS, UMAMI BREADING, MSC

APP. 26 G, 65% FISH, PRE-FRIED, 3 X 1KG, FROZEN

Royal Greenland A/S  
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Alaska Pollock has very white and firm meat with a mild taste. It is ideally suited for breading and battering. The Alaska Pollock is high in protein, low in fat and has a naturally high content of healthy omega-3 fatty acids.

Nuggets made with Alaska Pollock offer fast and easy cooking with a crisp surface and plenty of moisture to the meat inside. They are ideal for snack time, as an appetizer, side dish or as street food.

### INGREDIENTS

Alaska Pollock portions (**fish**) (*Theragra chalcogramma*) (65%), breading (35%): **Wheat** flour, water, rapeseed oil, potato starch, salt, dextrose, yeast, natural flavouring. Product pre-fried in rapeseed oil. A few bones may remain.

### SERVING

The crisp breading and pleasant aromas of the Alaska Pollock is well complimented by creamy and acidic flavours such as a sour cream dip.

### COOKING INSTRUCTIONS

Prepare from frozen. Oven: Cook in pre-heated oven 14-16 minutes at 180°C.

### CATCHING GEAR

Trawls

### CATCHING AREA

Northwest Pacific (FAO 61), Northeast Pacific (FAO 67)

Species	Theragra chalcogramma
Item number	154054107
Net weight	1000 g
Shelflife (days)	540
Storage	Frozen
MSC certificate no.	MSC-C-50920

### NUTRITIONAL VALUES PER 100G

Energy	760 kJ / 181 kcal
Fat	7.7 g
- of which saturates	0.6 g
Carbohydrates	15 g
- of which sugars	1.9 g
Protein	13 g
Salt	0.87 g

### ALLERGENS

Cereals, Fish

### MASTER DETAILS

Units per master	3
Sales unit	Yes
Gross weight (kg)	3.2
Net weight (kg)	3
Height (mm)	146
Width (mm)	238
Length (mm)	300
EAN no.	5740301188742

### UNIT DETAILS

Gross weight (kg)	1.019
Net weight (kg)	1.000
Height (mm)	50
Width (mm)	245
Length (mm)	315
EAN no.	5740301188735

### PALLET DETAILS

Masters in EUR 1/1 pallet	91
Masters per layer	13
Layers per pallet	7
Gross weight (kg)	321.9
Net weight (kg)	273
Height (mm)	1172
Width (mm)	800
Length (mm)	1200
EAN no.	5740301188759

### LANGUAGES ON LABEL

FI, SE, DK