

ROYAL GREENLAND

## COD LOIN, BATTERED, MSC

95-125G, 60% FISH, PRE-FRIED, 5 KG, FROZEN

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Cod has a fresh and mild umami flavour with a slight sweetness to the firm, juicy meat. It flakes nicely and with its high protein and low fat it offers a healthy and nutritious meal.

The battered cod loins have a crisp and crunchy surface that locks in the moisture and flavours from the meat. The rich and savoury flavours from the batter compliment the natural and mild flavours of the cod very well. The product is ovenable straight from the freezer.

### INGREDIENTS

**Cod\*** (60%). Batter (40%): **wheat flour**, water, rapeseed oil, **wheat starch**, salt, rice flour, modified tapioca starch, powdered **mustard**, raising agents (E450i, E500ii), skimmed **milk** powder, dextrose, yeast, black pepper extract, yeast extract. Pre-fried in rapeseed oil. \* A few bones may remain.

### SERVING

The mild and slight sweetness from the cod is well accompanied by more savoury flavours. The products are well suited for fast and easy cooking, while maintaining all the flavour and juiciness in the meat.

### COOKING INSTRUCTIONS

Prepare from frozen. Oven: Cook for 20 minutes at 220°C in a pre-heated oven.

### CATCHING AREA

Northeast Atlantic (FAO 27), Northwest Pacific (FAO 61), Northeast Pacific (FAO 67)

#### Species

**Gadus morhua, Gadus macrocephalus**

Item number **153642274**

Net weight **5000 g**

Shelflife (days) **540**

Storage **Frozen**

MSC certificate no. **MSC-C-50920**

#### NUTRITIONAL VALUES PER 100G

Energy	734 kJ / 175 kcal
Fat	7.2 g
- of which saturates	0.6 g
Carbohydrates	16 g
- of which sugars	3.4 g
Protein	13 g
Salt	0.55 g

#### ALLERGENS

Mustard, Cereals, Fish, Lactose

#### MASTER DETAILS

Sales unit	Yes
Gross weight (kg)	5.3
Net weight (kg)	5
Height (mm)	137
Width (mm)	299
Length (mm)	398
EAN no.	5740301183136

#### PALLET DETAILS

Masters in EUR 1/1 pallet	56
Masters per layer	8
Layers per pallet	7
Gross weight (kg)	325.4
Net weight (kg)	280
Height (mm)	1109
Width (mm)	800
Length (mm)	1200
EAN no.	5740301183143

#### LANGUAGES ON LABEL

SE, FR, IT, FI, DK, DE, EN