

ROYAL GREENLAND

SAITHE PORTIONS, BATTERED, MSC

100-130G, 65% FISH, PRE-FRIED, 5 KG, FROZEN

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Saithe is caught in the ice-cold and clean waters of the North Atlantic, where it slowly develops its mild and slightly sweet taste with plenty of umami. It has off-white to pink meat with a firm and juicy texture that turns a beautiful snow-white with nice, big flakes when cooked. Saithe has a naturally high content of protein and iodine.

Battered saithe loins are ovenable straight from the freezer. The crisp batter retains the moisture of the loin and compliments the saithe's natural flavours.

INGREDIENTS

Saithe (**fish**) (65%), batter (35%): flour (**wheat**), water, rapeseed oil, starch (**wheat**), salt, rice flour, modified tapioca starch, powdered mustard (**mustard**), raising agents (E450i, E500ii, E503ii), skimmed milk powder (**milk**), dextrose, yeast, black pepper extract, yeast extract, emulsifier (E472e). Pre-fried in rapeseed oil. A few bones may remain.

SERVING

Saithe is a good alternative to cod that is easy to work and cook with. The products are well suited for fast and easy cooking and goes well with savoury flavours and a twist of lemon.

COOKING INSTRUCTIONS

Prepare from frozen. Oven: Cook for approx. 20 minutes at 200°C in a pre-heated oven.

THAWING INSTRUCTIONS

CATCHING AREA

Northeast Atlantic (FAO 27)

Species	Pollachius virens
Item number	153044125
Net weight	5000 g
Shelflife (days)	540
Storage	Frozen
MSC certificate no.	MSC-C-50920

NUTRITIONAL VALUES PER 100G

Energy	792 kJ / 189 kcal
Fat	9 g
- of which saturates	0.7 g
Carbohydrates	12 g
- of which sugars	3.5 g
Protein	15 g
Salt	1.4 g

ALLERGENS

Mustard, Cereals, Fish, Lactose

MASTER DETAILS

Sales unit	Yes
Gross weight (kg)	5.4
Net weight (kg)	5
Height (mm)	137
Width (mm)	299
Length (mm)	398
EAN no.	5740301115694

PALLET DETAILS

Masters in EUR 1/1 pallet	48
Masters per layer	8
Layers per pallet	6
Gross weight (kg)	284.5
Net weight (kg)	240
Height (mm)	1110
Width (mm)	800
Length (mm)	1200
EAN no.	5740301115700

LANGUAGES ON LABEL

FI, SE, DK, EN