

ROYAL GREENLAND

FISH FILLET, BREADED, MSC

30-60G, 60% FISH, FRIED, 2 X 2,5 KG, FROZEN

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This fillet is a cost-efficient alternative to plaice. The meat is bright white with a firm texture to the meat, and offers a mild and pleasant taste.

Breaded fillets offer a rapid, tasty and easy way to cook and serve fish that is simple to use as part of a recipe or as an individual menu item on a buffet.

INGREDIENTS

Yellowtail flounder or Yellowfin sole (**fish**) (60%), breading (40%): **wheat flour**, rapeseed oil, water, **durum wheat**, potato starch, salt, yeast, dextrose, mushroom extract, white pepper. Fried in rapeseed oil. A few bones may remain.

COOKING INSTRUCTIONS

Prepare from frozen. Oven: pre-heated oven for approx. 14 minutes at 220°C.

CATCHING GEAR

Trawls

CATCHING AREA

Northwest Atlantic (FAO 21), Northeast Pacific (FAO 67)

Species

Limanda aspera, *Limanda ferruginea*

Item number 152129526

Net weight 5000 g

Shelflife (days) 540

Storage Frozen

MSC certificate no. MSC-C-50920

NUTRITIONAL VALUES PER 100G

Energy	0 kJ / 0 kcal
Fat	0 g
- of which saturates	0 g
Carbohydrates	0 g
- of which sugars	0 g
Protein	0 g
Salt	0 g

ALLERGENS

Cereals, Fish

MASTER DETAILS

Units per master	2
Sales unit	Yes
Gross weight (kg)	5.3
Net weight (kg)	5
Height (mm)	166
Width (mm)	264
Length (mm)	396
EAN no.	5740301206491

UNIT DETAILS

Gross weight (kg)	2.523
Net weight (kg)	2.500
Height (mm)	50
Width (mm)	320
Length (mm)	480
EAN no.	5740301206484

PALLET DETAILS

Masters in EUR 1/1 pallet	81
Masters per layer	9
Layers per pallet	9
Gross weight (kg)	461.1
Net weight (kg)	405
Height (mm)	1647
Width (mm)	800
Length (mm)	1200
EAN no.	5740301206507

LANGUAGES ON LABEL

SE, FI, DK, DE, EN