

ROYAL GREENLAND

FISH FILLET, BREADED, MSC

100-130G, 52% FISH, PRE-FRIED, 5 KG, FROZEN

Royal Greenland A/S
Hellebarden 7,
9230 Svenstrup, Denmark
Tel. +45 98154400
www.royalgreenland.com



This fish is a cost-efficient alternative to plaice. The meat is bright white with a firm texture to the meat, and offers a mild and pleasant taste.

Breaded fillets offer a rapid, tasty and easy way to cook and serve fish that is simple to use as part of a recipe or as an individual menu item on a buffet.

INGREDIENTS

Yellowtail flounder (**Fish**) (*Limanda ferruginea*) or yellowfin sole (**Fish**) (*Limanda aspera*) 60%. Breading (40%): Flour (**Wheat**), water, rapeseed oil, durum flour (**Wheat**), potato starch, salt, dextrose, mushroom extract, yeast, white pepper. A few bones may remain. Fried in rapeseed oil.

COOKING INSTRUCTIONS

Prepare from frozen. Oven: pre-heated oven for approx. 15 minutes at 185°C.

CATCHING GEAR

Trawls

CATCHING AREA

Northwest Atlantic (FAO 21), Northeast Pacific (FAO 67)

Species

Limanda aspera, *Limanda ferruginea*

Item number 152129131

Net weight 5000 g

Shelflife (days) 540

Storage Frozen

MSC certificate no. MSC-C-50920

NUTRITIONAL VALUES PER 100G

Energy	0 kJ / 0 kcal
Fat	0 g
- of which saturates	0 g
Carbohydrates	0 g
- of which sugars	0 g
Protein	0 g
Salt	0 g

ALLERGENS

Cereals, Fish

MASTER DETAILS

Sales unit	Yes
Gross weight (kg)	5.3
Net weight (kg)	5
Height (mm)	137
Width (mm)	299
Length (mm)	398
EAN no.	5740301206361

PALLET DETAILS

Masters in EUR 1/1 pallet	96
Masters per layer	8
Layers per pallet	12
Gross weight (kg)	542
Net weight (kg)	480
Height (mm)	1801
Width (mm)	800
Length (mm)	1200
EAN no.	5740301206378

LANGUAGES ON LABEL

DE, DK, SE, FI, EN