

ROYAL GREENLAND
SAITHE LOIN, SKINLESS, MSC
60-80G, SINGLE FROZEN, 5 KG, FROZEN

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Saithe is caught in the ice-cold and clean waters of the North Atlantic, where it slowly develops its mild and slightly sweet taste with plenty of umami. It has off-white to pink meat with a firm and juicy texture that turns a beautiful snow-white with nice, big flakes when cooked. Saithe has a naturally high content of protein and iodine.

The loin is cut from the dorsal part of the fillet, which is also the thickest and leanest part. Loins from saithe are uniform in size and shape, making them ideal for portion-servings or buffets.

INGREDIENTS

Saithe loins (**fish**). Water (protective glaze)

SERVING

Saithe is a good alternative to cod that is easy to work and cook with. It is best cooked at low temperatures to preserve the natural moisture and flavours.

COOKING INSTRUCTIONS

Prepare in oven at low heat or on pan lightly dusted medium heat

THAWING INSTRUCTIONS

Defrost in refrigerator at max 5°C

CATCHING GEAR

Trawls, Gillnets and similar nets, Hooks and lines, Seines, Surrounding nets and lift nets

CATCHING AREA

Northeast Atlantic (FAO 27)

| | |
|------------------------|-------------------|
| Species | Pollachius virens |
| Item number | 133060080 |
| Net weight incl. glaze | 5500 g |
| Net weight excl. glaze | 5000 g |
| Glaze (%) | 8 - 12 |
| Shelflife (days) | 540 |
| Storage | Frozen |
| MSC certificate no. | MSC-C-50920 |

NUTRITIONAL VALUES PER 100G

| | |
|----------------------|------------------|
| Energy | 326 kJ / 77 kcal |
| Fat | 0 g |
| - of which saturates | 0.2 g |
| Carbohydrates | 0 g |
| - of which sugars | 0 g |
| Protein | 18 g |
| Salt | 0.24 g |

ALLERGENS

Fish

MASTER DETAILS

| | |
|-------------------|---------------|
| Sales unit | Yes |
| Gross weight (kg) | 5.9 |
| Net weight (kg) | 5 |
| Height (mm) | 140 |
| Width (mm) | 294 |
| Length (mm) | 394 |
| EAN no. | 5740301123859 |

PALLET DETAILS

| | |
|---------------------------|---------------|
| Masters in EUR 1/1 pallet | 56 |
| Masters per layer | 8 |
| Layers per pallet | 7 |
| Gross weight (kg) | 356.5 |
| Net weight (kg) | 280 |
| Height (mm) | 1130 |
| Width (mm) | 800 |
| Length (mm) | 1200 |
| EAN no. | 5740301123866 |

LANGUAGES ON LABEL

SE, EN, DK, FI