

ROYAL GREENLAND GREENLAND TURBOT FILLET, INTERLEAVED, MSC

14.1-24.7 OZ, SKINLESS, 2 X 15 LB, FROZEN



Greenland turbot has a sweet and buttery umami flavour and a soft, pleasant texture. The meat is very white and the flavor fully developed, due to the slow growth in the ice-cold waters of the North Atlantic and Arctic Oceans. Greenland turbot has a high natural content of the healthy omega-3 fatty acids (2.36 g/100 g) and potassium.

The fillets are uniform in quality and appearance. They are versatile in use either as whole fillets or easily cut into smaller portions ideal for buffets.

INGREDIENTS

Greenland turbot fillets (**fish**).

SERVING

Greenland turbot is easy to handle in the kitchen; it adapts flavors from marinades and spices very well, is easy to cook and never goes dry, even when slightly overcooked.

COOKING INSTRUCTIONS

Prepare in oven at low heat or on pan lightly dusted medium heat

THAWING INSTRUCTIONS

Defrost in refrigerator at max 5°C

CATCHING GEAR

Trawls

CATCHING AREA

Northwest Atlantic (FAO 21)

Royal Greenland US, Inc
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Species	Reinhardtius hippoglossoides
Item number	121135401
Shelflife (days)	720
Storage	Frozen
MSC certificate no.	MSC-C-57420

ALLERGENS

Fish

MASTER DETAILS

Units per master	2
Sales unit	Yes
Gross weight (lbs)	31.4
Net weight (lbs)	30
Height (in)	4.9
Width (in)	10.2
Length (in)	19.3
EAN/UPC	5740301145028

UNIT DETAILS

Gross weight (lbs)	15.589
Net weight (lbs)	15.000
Height (in)	2.4
Width (in)	9.8
Length (in)	18.9
EAN/UPC	5740301145011

LANGUAGES ON LABEL

ES, DE, DK, FI, NL, IT, EN, FR