

ROYAL GREENLAND

# ALASKA POLL., NUGGET, CRISPY BATTER, MSC

15-30G, 70% FISH, PRE-FRIED, 3 KG, FROZEN

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Alaska Pollock has very white and firm meat with a mild taste. It is ideally suited for breading and battering. The Alaska Pollock is high in protein, low in fat and has a naturally high content of healthy omega-3 fatty acids.

Nuggets made with Alaska Pollock offer fast and easy cooking with a crisp surface and plenty of moisture to the meat inside. They are ideal for snack time, as an appetizer, side dish or as street food.

## INGREDIENTS

Alaska pollock fillets (**fish**) (70%), batter (30%): flour (**wheat**), rice flour, egg powder (**egg**), salt, rapeseed oil, starch (**wheat**), yeast, milk powder (**milk**), gluten (**wheat**), dextrose, herb and spices, yeast extract, bouillon (salt, spices, glucose). Pre-fried in rapeseed oil. A few bones may remain.

## SERVING

The crisp breading and pleasant aromas of the Alaska Pollock is well complimented by creamy and acidic flavours such as a sour cream dip.

## COOKING INSTRUCTIONS

Prepare from frozen. Oven: Cook in pre-heated oven 12 minutes at 220°C.

## CATCHING GEAR

Trawls

## CATCHING AREA

Northwest Pacific (FAO 61), Northeast Pacific (FAO 67)

Species	Theragra chalcogramma
Item number	154054110
Net weight	3000 g
Shelflife (days)	540
Storage	Frozen
MSC certificate no.	MSC-C-50920

## NUTRITIONAL VALUES PER 100G

Energy	605 kJ / 144 kcal
Fat	3.8 g
- of which saturates	0.4 g
Carbohydrates	14 g
- of which sugars	1 g
Protein	14 g
Salt	1.3 g

## ALLERGENS

Cereals, Eggs, Fish, Lactose

## MASTER DETAILS

Sales unit	Yes
Gross weight (kg)	3.2
Net weight (kg)	3
Height (mm)	146
Width (mm)	238
Length (mm)	300
EAN no.	5740301110354

## PALLET DETAILS

Masters in EUR 1/1 pallet	143
Masters per layer	13
Layers per pallet	11
Gross weight (kg)	482.2
Net weight (kg)	429
Height (mm)	1756
Width (mm)	800
Length (mm)	1200
EAN no.	5740301110361

## LANGUAGES ON LABEL

DE, EN